

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <b>HIDDEN MEADOWS</b> ON THE RIDGE By Discovery Senior Living	 <div>February 2026</div>				 <b>CELEBRATIONS</b> ACTIVITIES & EVENTS	
10:30 Easy Cardio Exercises <b>1</b> <b>11 Hymn Sing w/ Ken from Renew Bible Church</b> 1:30 Black History Month Begins & Unique Houses & Inns Coming to You (1st, 2nd, & 3rd fls.) 2 Table Games (Ind.) 6 Movie Night (theatre)	10 Exercise <b>2</b> 10:30 Punxsutawney News <b>11 Candy Making Day- Chocolate Peanut Butter Bark</b> 1:30 Phil-ingo (Groundhog Day- Bingo) 3:30 Indoor Walk or Roll Challenge (meet in the lobby) 6 Train Dominoes Group	10 Reach & Stretch <b>3</b> 10:30 A Rose is A Rose Day: Facts & Fun 11 Dice Bowling-Roll A Strike! 1:30 Manicures, Music & Hand Massages 3:30 Animals w/ Extraordinary Friendships (theatre) <b>6 Jingo Game Night</b>	10 Exercise <b>4</b> 10:30 Daily Chronicles & Doses of Laughter 11 Music & Memories of The Carpenters 1:30 Loom, Crochet, or Hobby Your Way w/Donna 2:30 Cover Your Assets Card Game 4 Tic, Tac, Toss	10 Sit & Be Fit <b>5</b> <b>10:30 Activity Planning Mtg.</b> <b>11 Resident Council Mtg.</b> <b>1:30 Outing: Scenic Drive &amp; Donut Run (sign up in the theatre 2<sup>nd</sup> fl by 9am)</b> 2 Color-ful Designs from Renaissance Times 3:30 Puckey- A Tabletop Hockey Game	<b>Nat'l. Wear Red Day</b> <b>6</b> 10 Easy Cardio Exercise 10:30 Claim to Fame 11 Good Question, Ask Alexa 1:30 Minute to Win It- Winter Games & More 2:30 You Tube Music Review- (theatre) 4 Train Dominoes Group <b>Winter Olympics XXV begin today</b>	10:30 Exercise <b>7</b> 11 Penny Ante Game 1:30 John Deere Day & Libraries Are Here to Stay Coming to You (1st, 2nd, & 3rd fls.) 2 Table Games (Ind.) 6 Movie Night (theatre)
10:30 Exercise <b>8</b> 11 Legends of Love Lotto 1:30 Rebel Day & The Manly Way Coming to You (1st, 2nd, & 3rd fls.) 2 Table Games (Ind.) <b>5-6 Fan Wear &amp; Tailgate Treats- Grab &amp; Go (2<sup>nd</sup> fl.)</b> <b>6:30 Super Bowl LX (theatre)</b>	10 Exercise <b>9</b> 10:30 Same Day Salute to Joe Pesci & Travis Tritt 11 What's The Verdict? 1:30 Bingo 3:30 Indoor Walk or Roll Challenge (meet in the lobby) 6 Train Dominoes Group	10 Reach & Stretch <b>10</b> 10:30 The Life & Legacy of Glenn Miller 11 Blackjack 21 1:30 Mosaic Sicker Art Designs <b>2 St. Agnes Mass (1<sup>st</sup> fl.)</b> 3:30 Armchair Travel to: Norway (theatre)	10 Exercise <b>11</b> 10:30 Hollywood Spotlight on Burt Reynolds 11 Don't Cry Over Spilt Milk 1:30 Card Creations- Making 3-D Custom Cards 2:30 Record Setting Monkeys- The Men & The Mammals 4 Darts Challenge	<b>10 Bible Study w/Penny- (1<sup>st</sup> fl. lounge)</b> <b>12</b> 10:30 Unscramble the Words 11 AKA Who's Who (1 <sup>st</sup> fl. lounge) <b>1:30 Outing: Asher's. (sign up in the theatre 2<sup>nd</sup> fl by 9am)</b> 2 Velvet Art & Mood Music 3:30 You Tube Karaoke <b>6 After Dinner Delight: Cocoa &amp; Grigio (Chocolate &amp; Wine Pairing)</b>	10 Exercise <b>13</b> 10:30 Good News Review 11 Blink Card Game 1:30 Make & Take: Gal & Pal-entine's Candy Roses 2:30 Relax & Rejuvenate: Guided Meditation (theatre) 4 Train Dominoes Group	10:30 Easy Cardio Exercise <b>14</b> 11 Candy Lovers Dice Game & Love Potion #9 1 Sweet Treat Mailbox Deliveries 1:30 Famous Love Letters & Red Head Go Getters Coming to You (1st, 2nd, & 3rd fls.) 2 Table Games (Ind.) 6 Movie Night (theatre) <b>Valentine's Day</b>
10:30 Chair Yoga <b>15</b> 11 Off to The Races Game 1:30 NBA Facts & Fun & The A Train Sold a Ton Coming to You (1st, 2nd, & 3rd fls.) 2 Table Games (Ind.) <b>(2:30 Daytona 500 on FOX)</b> 6 Movie Night (theatre) <b>Random Acts of Kindness Week Begins</b>	10 Exercise <b>16</b> 10:30 History of Hail to The Chief & Presidential Ponders 11 Truth or Tales, You Decide 1:30 Bingo 3:30 Standing Balance: Tips & Strength Training 6 Train Dominoes Group <b>President's Day</b>	10 Reach & Stretch <b>17</b> 10:30 A Look at The Kindness Diaries Journey 11 Throw Me Something Mister, Madi Gras Game 1:30 Manicures, Music & Hand Massages <b>3 Pray the Rosary (theatre)</b> <b>6 Chinese New Year- Lucky Lantern Lotto Game Night</b>	<b>9 Campus Outing: McDonalds Bingo &amp; Breakfast (sign up by 8am)</b> <b>18</b> 10 Exercise 10:30 Whale of A Tale <b>11 Ash Weds. Service (1<sup>st</sup> fl.)</b> 1:30 Discovery Makes a Difference: Make & Donate No-Sew Animal Blankets 2:30 Sing Along Songs:50's/60's 4 Hole in One Challenge	<b>10 Bible Study w/Penny- (1<sup>st</sup> fl. lounge)</b> <b>19</b> 10:30 Coupon Clippers 11 Music Trivia & Tidbits (1 <sup>st</sup> fl. lounge) 1:30 Watercolor Painting: Landmarks & Legends 2:30 Indoor Scavenger Hunt- Meet in The Lobby 3:30 Popular Poetry & Words of Wisdom	10 Exercise <b>20</b> 10:30 Snakessss Guessing Game 11 Uno with A Twist 1:30 Making Seed Treats for Our Feathered Friends <b>2:30 February Birthday Social (café)</b> 4 Train Dominoes Group	10:30 Exercise <b>21</b> 11 Hollywood Ringo Game 1:30 The Phone Book Days & A-Mazing Ways Coming to You (1st, 2nd, & 3rd fls.) 2 Table Games (Ind.) 6 Movie Night (theatre)
10:30 Exercise <b>22</b> 11 Bible Bingo 1:30 The Brooklyn Bridge Has A Storied Past & Miracle On Ice Was Far From Last Coming to You (1st, 2nd, & 3rd fls.) 2 Table Games (Ind.) 6 Movie Night (theatre)	10 Exercise <b>23</b> 10:30 Spotlight on Daymond Johns & The Unseen Shark Tank 11 Name That Tune & Time 1:30 Bingo 3:30 Indoor Walk or Roll Challenge (meet in the lobby) 6 Train Dominoes Group	10 Reach & Stretch <b>24</b> 10:30 Top Ten Tuesday 11 Frisbee Can Slam 1:30 Manicures, Music & Hand Massages 3:30 Beat the Winter Blues- Armchair Travel: Scenic Cruise to Exotic Islands- (theatre)	10 Exercise <b>25</b> 10:30 Daily Chronicles & Doses of Laughter 11 3's A Crowd Dice Game 1:30 Loom, Crochet, or Hobby Your Way w/Donna <b>2:30 Custom Mocktails &amp; Clever Mysteries</b> 4 Rebound Shuffleboard	<b>10 Bible Study w/Penny- (1<sup>st</sup> fl. lounge)</b> <b>26</b> 10:30 Puzzles Galore & More 11 Where in The World (1 <sup>st</sup> fl) 1:30 Left Center Right Game 3 Wii Bowling (theatre) <b>4:45 Order Out &amp; Dine In on The 3<sup>rd</sup> fl. from Pino's (sign up in the theatre 2<sup>nd</sup> fl by 11am)</b>	10 Exercise <b>27</b> 10:30 Good News Review 11 Gizmos & Gadgets- Guess It If You Can! 1:30 Scrabble Slam 2:30 Relax & Rejuvenate: Guided Meditation (theatre) 4 Train Dominoes Group	10:30 Sweatin' to The Oldies Exercise <b>28</b> <b>11 John Rivers VFW Veterans &amp; More Visits</b> 1:30 The Giraffe Way & Floral Design Day Coming to You (1st, 2nd, & 3rd fls.) 2 Table Games (Ind.) 6 Movie Night (theatre)