

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



HIDDEN MEADOWS
ON THE RIDGE

By Discovery Senior Living

February 2026



CELEBRATIONS
ACTIVITIES & EVENTS

10:30 Easy Cardio Exercises 11 Hymn Sing w/ Ken from Renew Bible Church 1:30 Black History Month Begins & Unique Houses & Inns Coming to You (1st, 2nd, & 3rd fls.) 2 Table Games (Ind.) 6 Movie Night (theatre)	10 Exercise 10:30 Punxsutawney News 11 Candy Making Day-Chocolate Peanut Butter Bark 1:30 Phil-ingo (Groundhog Day- Bingo) 3:30 Indoor Walk or Roll Challenge (meet in the lobby) 6 Train Dominoes Group	2 10 Reach & Stretch 10:30 A Rose is A Rose Day: Facts & Fun 11 Dice Bowling-Roll A Strike! 1:30 Manicures, Music & Hand Massages 3:30 Animals w/ Extraordinary Friendships (theatre) 6 Jingo Game Night	3 10 Exercise 10:30 Daily Chronicles & Doses of Laughter 11 Music & Memories of The Carpenters 1:30 Loom, Crochet, or Hobby Your Way w/Donna 3:30 Cover Your Assets Card Game 4 Tic, Tac, Toss	4 10 Exercise 10:30 Activity Planning Mtg. 11 Resident Council Mtg. 1:30 Outing: Scenic Drive & Donut Run (sign up in the theatre 2nd fl by 9am) 2 Color-ful Designs from Renaissance Times 2:30 Cover Your Assets Card Game 3:30 Puckey- A Tabletop Hockey Game	5 Nat'l. Wear Red Day 10:30 Activity Planning Mtg. 11 Resident Council Mtg. 1:30 Outing: Scenic Drive & Donut Run (sign up in the theatre 2nd fl by 9am) 2 Color-ful Designs from Renaissance Times 2:30 Cover Your Assets Card Game 3:30 Puckey- A Tabletop Hockey Game	6 10:30 Exercise 11 Penny Ante Game 1:30 John Deere Day & Libraries Are Here to Stay Coming to You (1st, 2nd, & 3rd fls.) 2 Table Games (Ind.) 6 Movie Night (theatre)
10:30 Exercise 11 Legends of Love Lotto 1:30 Rebel Day & The Manly Way Coming to You (1st, 2nd, & 3rd fls.) 2 Table Games (Ind.) 5-6 Fan Wear & Tailgate Treats- Grab & Go (2nd fl.) 6:30 Super Bowl LX (theatre)	8 10 Exercise 10:30 Same Day Salute to Joe Pesci & Travis Tritt 11 What's The Verdict? 1:30 Bingo 3:30 Indoor Walk or Roll Challenge (meet in the lobby) 6 Train Dominoes Group	9 10 Reach & Stretch 10:30 The Life & Legacy of Glenn Miller 11 Blackjack 21 1:30 Mosaic Sicker Art Designs 2 St. Agnes Mass (1st. fl.) 3:30 Armchair Travel to: Norway (theatre)	10 10 Exercise 10:30 Hollywood Spotlight on Burt Reynolds 11 Don't Cry Over Spilt Milk 1:30 Card Creations- Making 3-D Custom Cards 2:30 Record Setting Monkeys- The Men & The Mammals 4 Darts Challenge	11 10 Bible Study w/Penny- (1st fl. lounge) 10:30 Unscramble the Words 11 AKA Who's Who (1st.fl.lounge) 1:30 Outing: Asher's. (sign up in the theatre 2nd fl by 9am) 2 Velvet Art & Mood Music 3:30 You Tube Karaoke 6 After Dinner Delight: Cocoa & Grigio (Chocolate & Wine Pairing)	12 10 Exercise 10:30 Good News Review 11 Blink Card Game 1:30 Make & Take: Gal & Pal-entine's Candy Roses 2:30 Relax & Rejuvenate: Guided Meditation (theatre) 4 Train Dominoes Group	13 10:30 Easy Cardio Exercise 11 Candy Lovers Dice Game & Love Potion #9 1 Sweet Treat Mailbox Deliveries 1:30 Famous Love Letters & Red Head Go Getters Coming to You (1st, 2nd, & 3rd fls.) 2 Table Games (Ind.) 6 Movie Night (theatre) Valentine's Day
10:30 Chair Yoga 11 Off to The Races Game 1:30 NBA Facts & Fun & The A Train Sold a Ton Coming to You (1st, 2nd, & 3rd fls.) 2 Table Games (Ind.) (2:30 Daytona 500 on FOX) 6 Movie Night (theatre) Random Acts of Kindness Week Begins	15 10 Exercise 10:30 History of Hail to The Chief & Presidential Ponders 11 Truth or Tales, You Decide 1:30 Bingo 3:30 Standing Balance: Tips & Strength Training 6 Train Dominoes Group	16 10 Reach & Stretch 10:30 A Look at The Kindness Diaries Journey 11 Throw Me Something Mister, Madi Gras Game 1:30 Manicures, Music & Hand Massages 3 Pray the Rosary (theatre) 6 Chinese New Year- Lucky Lantern Lotto Game Night	17 9 Campus Outing: McDonalds Bingo & Breakfast (sign up by 8am) 10 Exercise 10:30 Whale of A Tale 11 Ash Weds. Service (1st fl.) 1:30 Discovery Makes a Difference: Make & Donate No-Sew Animal Blankets 2:30 Sing Along Songs:50's/60's 4 Hole in One Challenge	18 10 Bible Study w/Penny- (1st fl. lounge) 10:30 Coupon Clippers 11 Music Trivia & Tidbits (1st. fl. lounge) 1:30 Watercolor Painting: Landmarks & Legends 2:30 Indoor Scavenger Hunt- Meet in The Lobby 3:30 Popular Poetry & Words of Wisdom	19 10 Exercise 10:30 Snakesss Guessing Game 11 Uno with A Twist 1:30 Making Seed Treats for Our Feathered Friends 2:30 February Birthday Social (café) 4 Train Dominoes Group	20 10:30 Exercise 11 Hollywood Ringo Game 1:30 The Phone Book Days & A-Mazing Ways Coming to You (1st, 2nd, & 3rd fls.) 2 Table Games (Ind.) 6 Movie Night (theatre)
10:30 Exercise 11 Bible Bingo 1:30 The Brooklyn Bridge Has A Storied Past & Miracle On Ice Was Far From Last Coming to You (1st, 2nd, & 3rd fls.) 2 Table Games (Ind.) 6 Movie Night (theatre)	22 10 Exercise 10:30 Spotlight on Daymond Johns & The Unseen Shark Tank 11 Name That Tune & Time 1:30 Bingo 3:30 Indoor Walk or Roll Challenge (meet in the lobby) 6 Train Dominoes Group	23 10 Reach & Stretch 10:30 Top Ten Tuesday 11 Frisbee Can Slam 1:30 Manicures, Music & Hand Massages 3:30 Beat the Winter Blues- Armchair Travel: Scenic Cruise to Exotic Islands- (theatre)	24 10 Exercise 10:30 Daily Chronicles & Doses of Laughter 11 3's A Crowd Dice Game 1:30 Loom, Crochet, or Hobby Your Way w/Donna 2:30 Custom Mocktails & Clever Mysteries 4 Rebound Shuffleboard	25 10 Bible Study w/Penny- (1st fl. lounge) 10:30 Puzzles Galore & More 11 Where in The World (1st. fl) 1:30 Left Center Right Game 3 Wii Bowling (theatre) 4:45 Order Out & Dine In on The 3rd fl. from Pino's (sign up in the theatre 2nd fl by 11am)	26 10 Exercise 10:30 Good News Review 11 Gizmos & Gadgets- Guess It If You Can! 1:30 Scrabble Slam 2:30 Relax & Rejuvenate: Guided Meditation (theatre) 4 Train Dominoes Group	27 10:30 Sweatin' to The Oldies Exercise 11 John Rivers VFW Veterans & More Visits 1:30 The Giraffe Way & Floral Design Day Coming to You (1st, 2nd, & 3rd fls.) 2 Table Games (Ind.) 6 Movie Night (theatre)

Please note: Activities are weather permitting and calendar is subject to change.

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